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Review paper

# MEDICINAL PLANTS AS NATURAL ALTERNATIVE TO COCCIDIAL SYNTHETIC DRUGS IN BROILER CHICKEN PRODUCTION

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**ABSTRACT:** Coccidiosis is well known as an expensive, parasitic disease for the poultry industry worldwide. The disease causes real economic losses by causing poor growth and feed efficiency in broilers even leading to high mortality. Consequently, large amounts of money are being spent on vaccination and the inclusion of anticoccidial drugs into diets. In recent years, the development of resistance to coccidiostats, elevated costs of systematic vaccination and increasing consumer demand for natural food products has fuelled the development of natural, plant-based alternatives for coccidial control in poultry farming. The anticoccidial properties of numerous natural products such as *Ageratum conyzoides* extract, *Polygonum bistorta, Agele marmelos, Artemisia sieberi, Artemisia absinthium, Azadirachta indica, Artemisia annua* and *Aloa vera* based supplements have been reported. This article summarises the experimental knowledge relating to the efficacy, possible modes of action and different aspects of application of medicinal plant supplements as feed additives for the treatment of poultry diseases, especially coccidiosis.

Key words: coccidiosis, disease, poultry, medicinal plants

### **INTRODUCTION**

The prevention of diseases and enhancement of growth, feed intake and feed efficiency are critical factors in modern animal production today (Varel, 2002; Kostadinvić and Lević, 2018). Nowadays farm poultry production systems face new challenges with the concept of "clean, green and ethical" (CGE) animal production being promoted (Bickell et al., 2010; Puvača et al., 2019). This concept promotes limited use of drugs, chemicals, and hormones with emphasis on reducing the impact of food production on the environment and poultry welfare. The prophylactic use of antibiotics in poultry nutrition to improve growth, feed consumption, feed utilization and decrease mortality from clinical diseases is well documented (Iovine and Blaser, 2004). The use of antibiotics is strictly regulated by the U.S. Food and Drug Administration (FDA), while in Europe it is regulated by the European Agency for the Evaluation of Medicinal Products (EMEA). Recommendations from the FDA, the World Health Organisation (WHO) and the EMEA for veterinary medicine state that, whenever it is possible, synthetic drugs should be replaced with plant-based preparations in order to reduce the presence of synthetic drugs and their metabolites (residues) in final animal products. One of the potential alternatives to synthetic drugs is the use of medicinal plant supplements or their essential oils because some have potent properties and complex bioactivity (Si et al., 2006; Puvača et al., 2013; Aćimović et al., 2019). Substitution of synthetic drugs with plant-based supplements could ensure healthy food for the human population, reduce the reliance on synthetic drugs and thus reduce the development of pathogen resistance. Bioactive plants and their compounds may assist in some aspects of the proposed concept, as they are often less expensive, well received by consumers and are generally considered to be environmentally safe (Blache et al., 2008; Kostadinović et al., 2015). The use of medicinal plants supplements and their extracts as feed additives has increased during the last decade due to their antibacterial (Lević et al., 2011; Oliveira et al., 2013), anti-oxidation (Botsoglou et al., 2002; 2004; Kostadinović et al., 2010a; 2010b; Kostadinović et al., 2011) and hypocholesterolemic activity (Srinivasan, 2004). In addition, certain components have been related to various stimulatory effects on the digestive system (Jamroz et al., 2006; Puvača et al., 2013) and digestive enzyme production (Hernandez et al., 2004). Furthermore, medicinal plants components have been shown to manifest anti-viral (Bishop, 1995), anti-mycotic (Mari et al., 2003), antioxygenic (Juglal et al., 2002), anti-parasitic (Pessoa et al., 2002) and insecticidal (Karpouhtsis et al., 1998) properties. These features are possibly related to the function of these compounds in plants (Mahmoud and Croteau, 2002). Recent publications demonstrate renewed research interest in the use of medicinal plant supplements as feed supplements for poultry diseases (Kostadinović et al., 2010c). Medicinal herbs such as oregano, garlic, thyme, rosemary, and sage are currently the most frequently used phytoadditives in poultry nutrition (Puvača, 2008; Kostadinović et al., 2010c; Stanaćev et al., 2010; 2011: Kostadinović et al, 2011; Puvača et al., 2016). Additionally, many plant supplements have been shown to improve growth and performance (Kostadinović et al., 2008b; Kostadinović et al., 2008a; Lević et al., 2009). This review summarises the latest research in the application of medicinal herbs in the prevention and treatment of coccidiosis.

### **COCCIDIOSIS AND COCCIDIOSTATS**

Coccidiosis is an infective disease of many species of mammals and birds caused by protozoa which causes diarrhea, retarded growth, slower feed conversion, and increased mortality. It is caused by parasites of the genus *Eimeria, Isospora* and *Cryptospora* with a complex life cycle, affecting mainly the intestinal tract of flow, especially in chickens. Poultry coccidiosis is the most studied, as this parasite causes the most damage in chicken production due to the fact that chickens are reared in large numbers and high densities (Peek, 2010). Tyzzer et al. (1932) was the founder of contemporary coccidiology who worked the life cycle of coccidia in different hosts and parasite morphology. He described nine species of *Eimeria* in poultry however, now only seven are considered to be economically important. In intensive poultry production the most important are *E. acervulina, E. tenella, E. maxima, E. brunetti, E. mitis, E. necatrix,* and *E. pracox.* All kinds of *Eimeria* spp. cause intestinal coccidiosis although operate in different parts of the intestinal tract. Young individuals fall ill frequently, while older birds tend to be carriers. Generally, coccidia is highly host organ and tissue-specific.

Table 1 summarises the morphology characteristics of *Eimeria* spp. in chickens. Coccidiosis is one of the most serious diseases in chicken production as economic losses is possible even before the manifestation of clinical signs of the disease and require the administration of various drugs through feed and water. In other poultry breeds such as geese, ducks, turkeys, pheasants, etc. coccidiosis occurs rarely and mainly in young animals. Coccidiosis is traditionally treated by chemotherapy but the appearance of drug-resistant types of coccidia indicates the importance of developing alternative strategies.

		Oocyst size (µm)		
Species	Site	Average length	Average width	Pathogenicity
E. tenella	Caecum	22.80	19.65	High
E. acervulina	Duodenal loop	18.95	15.00	Low
E. necatrix	Mid gut	17.95	14.80	High
E. maxima	Mid gut	32.00	23.15	Low to moderate
E. mitis	Anterior gut	15.20	14.50	Low
E. praecox	Anterior gut	22.25	17.75	No
E. brunetti	Lower intestine	25.50	21.15	Moderate

Table 1. Morphology and pathogenicity of chicken coccidia species

(Levine, 1985; Williams, 1999)

Management has always been important to controlling coccidiosis in poultry, however, it is very difficult to keep chickens coccidia free as oocytes are omnipresent and spread widely in the poultry house. Management focuses on decreasing coccidial numbers to keep infection at a minimum until immunity is established in young birds since species specific immunity develops rapidly. Hygiene, anticoccidial drugs and vaccines all play major roles in commercial operations. Figure 1 shows the percentage share of drugs and their combinations that are commonly used in the prevention of coccidiosis in broiler farms. The most commonly applied is narasin, monensin, and nicarbazin. Widely used are salinomycin and robenidine, while the least used are diclazuril, lasalocid, maduramicin, clopidol, toltrazuril and halofuginone (Elliot, 2003). The continuous use and misuse of anticoccidial drugs have led to the emergence of drug-resistant species (Ruff and Danforth, 1996), and their residues in poultry products are undesirable for consumer health (McDougald and Seibert, 1998). Most anticoccidial drugs have a withdrawal period of seven days before marketing (McDougald, 2003). Legislation that banned the use of medication until slaughter was introduced due to the concern that residues from drugs may contaminate poultry and be toxic to human health (Vermeulen et al., 2001). However, if the drug is removed then the bird is susceptible to infection because there may be no protective immunity acquired while the chicken is on anticoccidial drugs; any infective oocytes in the litter may thus cause severe infection (Reid, 1990). Subsequently, there is a need to discover safe alternatives for the control of avian coccidiosis. In this context, a number of medicinal plants supplements and herbal products have been found to be effective for a wide range of parasites such as protozoa, arthropods, and helminths (He and Zhang, 1989; Matsuda et al., 1991; Dutta et al., 1990; Ouan, 1990).

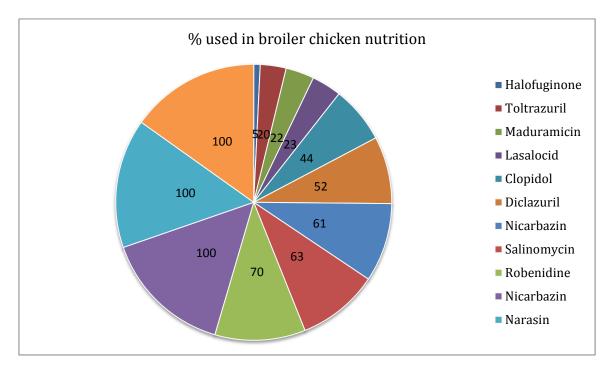


Figure 1. Anticoccidial drugs in broiler production

## MEDICINAL PLANT SUPPLEMENTS AS COCCIDIOSTATS IN BROILER CHICKENS

A number of natural feed additives have shown anticoccidial activity and the plants *Azadirahta indica, Hobrrhena antidysentrica, Barberis aristata, Embelia ribes, Acorus calamus, Artemisia annua,* and *Artemisia absinthium* have been shown to possess strong anti-coccidial activity. Most medicinal plants supplements do not have residual effects, and if they have an approved application in human medicine, they can be added to animal feed for the control of different animal diseases. Plants and their active ingredients that exhibit the most pronounced anti-coccidial effects are shown in Table 2.

Plant	Major essential oil components	Total volatiles, %	Source
Pimpinella anisum	trans-anetole	92.9	Sharifi et al. (2008)
Origanum vulgare	p-cymene	5.80	D'Antuono et al. (2000)
Azadirachta indica	b-caryophyllene	12.73	Pandey et al. (2012)
Berberis lycium	ligustilide	24.58	Khare (2004) Shabbir et al. (2012)
Sophora flavescens	2-ethyl-1-hexanol geranyl	3.25	Li et al. (2012)
Artemisia annua	camphor	44.00	Juteau et al. (2002)
Artemisia absinthium	chrysanthenyl acetate	29.45	Blagojević et al. (2006)

Table 2. Examples of medicinal plants supplements with anti-coccidial activity

Neem (*Azadirachta indica*) is a traditional medicinal plant (Biswas et al., 2002) which contains limonoids, protolimonoids, tetranortriterpenoids, pentanortriterpenoids, hexanortriterpenoids nonterpenoid, some of which are thought to have an influence on

eimeria life cycle switching (Koul et al., 2006). Tippu et al. (2002) compared the anticoccidial efficacy of salinomycin sodium and neem fruit in boilers. It was concluded that the addition of 0.3% ground neem fruit in the boiler diet showed efficiency in the repression of coccidiosis as compared to salinomycin sodium. Similarly, Allen et al. (1997) investigated the influence of Artemesia annua on poultry infected with Eimeria acervulina, E. tenella or E. maxima. Four experiments were conducted to investigate the anti-coccidial activities of Artemisia annua leaves when added to broiler chicken diets. In the first investigation, broilers were fed a mixture containing 5% dried leaves of A. annua. A statistically significant reduction in the number of oocytes *E. tenella* but not *E.* acervulina or E. maxima was observed. In the second investigation, chickens were fed a diet containing 1% dry A. annua leaves for five weeks. This leaf amount provided a reduction in oocyte numbers of *E. acervulina* and *E. tenella*. When the broiler chickens were fed a diet containing 17 ppm of pure artemisinin for three weeks there was a decrease in the number of oocytes of *E. tenella* but not *E. acervulina*. Other components such as *A. annua* - camphor, and 1.8 - cineole in an amount of 119 ppm were shown to increase chicken body weight and decrease the number of lesions caused by *E. tenella*. When chickens were fed for four weeks with a diet containing 2, 8.5 and 17 ppm of artemisinin, a significant reduction in the number of oocytes of *E. acervulina* and *E.* tenella in the case of mixed infections were observed. These findings led to the conclusion that pure artemisinin is the most effective against all species of Eimeria when used as an additive in the diet. Chemically artemisinin is a sesquiterpene lactone containing an unusual peroxide bridge and represents a basic active component isolated from plants traditionally known in Chinese medicine - Artemisia annua, Asteraceae (sweet wormwood). It is believed that the peroxide is most responsible for the artemisinin interaction. It is known that several other compounds contain such peroxide bridges and one of them is Askaridol (bicyclic monoterpene) (Miller and Su, 2011). The genus Artemisia of the family Compositae (Asteraceae) includes over 300 species that have spread around the world. In the last ten years or so several studies have been conducted with Artemisia species whereby it was found that crude extracts of some of them containing artemisinin, exhibit anti-parasitic, or anti-coccidial effects and high antioxidant capacity (Ferreira, 2009). Kostadinović et al. (2012) investigated the anticoccidial activity of artemisinin obtained by the extraction of white wormwood (Artemisia absinthium L.). The study was conducted in vivo on 150 broiler chickens of Arbor Acres heavy line hybrids of both sexes infected with E. tenella oocytes (20000 oocytes/per bird). Infected chickens were treated with the extract of Artemisia absinthium mixed in the chicken's diet at levels of either 1, 2 or 3 mg/kg per day. It was found that the extract obtained from A. absinthium reduced the number of oocytes of Eimeria tenella in the feces of infected broilers when mixed in broiler feed in an amount of 3 mg/kg per day. The results showed that Artemisia absinthium L. added to broiler feed in an amount of 3% expressed anti-coccidial activity and therefore can be used as an alternative to standard coccidiostats drugs which may cause resistance of the microorganisms that cause coccidiosis or lead to the appearance of residues in the meat of broilers (Kostadinović et al., 2012). An in vivo study testing the anti-coccidial activities of artemisinin isolated from the plant Artemisia sieberi on Ross 308 broilers showed that the extract reduced the number of E. tenella and E. acervulina oocytes, but not E. maxima (Arab et al., 2006). The anticoccidial activity of the plants Artemisia annua and Pimpinella anisum on E. tenella oocytes were examined by Dragan et al. (2010). Artemisia annua caused a significant reduction (90.7%) in the number of oocytes in the faeces of broilers infected with *E. tenella* compared with the infected control group fed a standard diet. P. anisum reduced the number of Eimeria oocytes in the faeces to a smaller extent (58.83%). At the end of the experiment (32 days after infection) chicks which were supplemented with Artemisia annua had the best feed efficiency and increased daily weight gain in comparison to the other experimental groups. Khan et al. (2008) compared the effect of selected medicinal plant supplements (Polygonum bistorta and Agele marmelos) with homeopathic preparations (Mercurius solubilis and Darvisul liquid) on the suppression of coccidiosis in chickens. They concluded that the herb extracts examined expressed anti-coccidial activity and increased feed conversion ratio, daily gain, and reduced chicken mortality rate. These results are consistent with other researchers studying the anti-coccidial activity of other plants such as *Melia azedarach* (Akhtar and Rifaat, 1987) and Indica Azadirahta (Tippu et al., 2002). The effect of oregano oil (Origanum vulgare) was investigated on the performances of broilers after experimental infection of coccidia Eimeria tenella (5×104 oocytes/chicken) compared with salinomycin. It was concluded that the essential oil of oregano caused a significant reduction of *E. tenella* but these effects were still lower in the coccidiostats salinomycin (Kostadinović et al., 2010c). Giannenas et al. (2003) examined the anticoccidial effect of the essential oils of oregano and found that the essential oil of oregano added to the feed of broilers at an inclusion rate of 300 mg/kg affected the suppression of coccidiosis caused by *E. tenella*. Youn and Noh (2001) reported the most pronounced anti-coccidial effect against Eimeria tenella from fifteen plants studied was from Sophora flavescens extract which was even stronger than Artemisia annua.

## CONCLUSIONS

Recently medicinal plant supplements have received much attention for their use in animal nutrition. From this review, it can be concluded that medicinal plant supplements can be used in animal diets as plant-based alternatives for coccidia control in poultry farming and these would also enhance animal wellbeing. Collaborative efforts among scientists and farmers must particularly be directed towards establishing and developing innovative feeding systems using feed additives obtained from natural products, such as essential oils, medicinal plants, and extracts obtained from herbs which have a beneficial effect in coccidian control in poultry production. These additives have not yet shown resistance development in coccidial pathogens, making them appropriate for application in chicken diets. Moreover, the removal of drug residues in poultry products is also important for consumer health.

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